

Show your employees that their well being matters

Introducing the Aetna Small Group EAP

As an Aetna Small Group customer, now you can offer your employees a new service — our **Employee Assistance Program (EAP)**. It's included as a standard part of Aetna's servicing of your Aetna medical benefits plan.

That's good news, because this **confidential** program provides useful services and support that can help your employees and members of their household manage the everyday challenges of work and home. There are also valuable resources for your business.

Here's what employees and their covered household members get:

- **Choice** — They'll find a range of resources to help them balance their personal and professional lives.
- **Easy access** — They can reach Small Group EAP anytime, through a single call to a toll-free number or on the Web at www.aetnaeap.com.
- **Professional assistance** — Our workplace-trained specialists provide confidential phone support, assessing needs and recommending an appropriate course of action. Employees and their household members receive three phone consultations per member per calendar year.

Your EAP encourages employees to use their medical and behavioral health benefits when needed. In turn, this helps your small business:

- Show employees that you're concerned about their welfare
- Improve employee well-being and satisfaction with their benefits
- Guide employees in getting the right information and care to address their needs — so you can keep up your worksite productivity
- Manage your health care costs more efficiently

You can also take advantage of valuable EAP resources:

- **Management and Human Resources assistance.** Your business gets unlimited phone consultations with workplace-trained clinicians who can help you deal with complex employee issues that may arise. Simply call EAP Management Consultation at 1-866-672-5417.
- **Online tools.** Visit our website at www.aetnaeap.com, enter your company ID (**4BALANCE**) and select the "Promotional Materials" link. You can also contact your broker. You'll have access to tools and materials to encourage your employees to use the EAP — before their problems or issues can affect the workplace.

Health benefits and health insurance plans are offered, underwritten or administered by: Aetna Health Inc., Aetna Health of California Inc., Aetna Health of the Carolinas Inc., Aetna Health of Illinois Inc., Aetna Health Insurance Company of New York, Corporate Health Insurance Company and/or Aetna Life Insurance Company.

The EAP is administered by Aetna Behavioral Health, LLC and Aetna Life Insurance Company. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. All EAP calls are confidential, except as required by law (e.g., when a person's emotional condition is a threat to himself/herself or others, or there is suspected abuse of a minor child, and in some areas, spousal or elder abuse). Information subject to change. For more information about Aetna plans, refer to www.aetna.com.

Something new for
your employees
Something good for
your business



Here's an easy way to promote your Small Group EAP at work

On the reverse side of this flyer is a poster you can display — in cafeterias, by the elevator, or anywhere employees will see it! It encourages employees to make a call or check out the site for support, anytime day or night.

We want you to know[®]
Aetna[®]

Sure, he's a great listener, but can he offer solutions?

**When you need to pour
your heart out, there's no
one quite like the family pet.
Loyal. Positive. And friendly.**

But let's face it — Fido can come up
woefully short on good advice.

The next time you need to talk about an
emotional issue, call the **Aetna Small Group
Employee Assistance Program (EAP)**.

We can assist you with:

- Depression
- Marital problems
- Financial worries
- Work-related issues
- Balancing work and family
- Alcohol or drug abuse

**Free, confidential
support. Anytime,
day or night.**

**Call toll free:
1-866-672-5417
or visit**

**www.aetnaeap.com,
then enter your
Company ID: 4BALANCE**



**Aetna Small Group
Employee Assistance
Program.**

We're here for you.

We want you to know[®]



www.aetna.com